## AN YOUR WAY TO HEALT Presented By OPTIONS Child Care Services

## **SAVE THE DATE:** Saturday, May 17, 2014 10:30 a.m. – 1:00 p.m.

Fun games and activities to help keep children active.

To create social change through community action & encourage parents & providers to become leaders. Ideas and tips for making nutritious meals and snacks.

Exciting educational materials to help you advocate for your family's quality of life. Come join your community and experience a fun day of:

13100 Brooks Drive, Suite 100 Baldwin Park, CA 91706

Advocacy Crafts Dancing Games Raffles Refreshments Health Screenings

For more information call (626) 856-5900Nutrition: Armida ext. 149Advo

Advocacy: Zinnia ext. 154

Cynthia ext. 155









